Active cage model of glassy dynamics

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We build up a phenomenological picture in terms of the effective dynamics of a tracer confined in a cage experiencing random hops to capture some characteristics of glassy systems. This minimal description exhibits scale invariance properties for the small-displacement distribution that echo experimental observations. We predict the existence of exponential tails as a crossover between two Gaussian regimes. Moreover, we demonstrate that the onset of glassy behavior is controlled only by two dimensionless numbers: the number of hops occurring during the relaxation of the particle within a local cage and the ratio of the hopping length to the cage size.

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I. INTRODUCTION

Time-dependent density correlations in an atomic or colloidal glass former exhibit, as temperature is decreased (or as density is increased), a two-step relaxation. The short-time \( \alpha \) relaxation is associated with localized motion of the particles while the longer-time \( \beta \) relaxation is associated with cooperatively rearranging regions (CRR). This behavior of the dynamic structure factor is well accounted for [1], at sufficiently high temperatures, by the mode-coupling theory (MCT) [2]. MCT being an approximate theory it does have its share of pitfalls, but these are well-documented, and it is fair to say that they are not fully understood, let alone on intuitive grounds. One such prediction is the existence of a critical temperature below which the \( \alpha \)-relaxation stage extends to arbitrary large times. This is often connected to the difficulty of capturing the dynamics of the CRRs, which is built from rare and intermittent events. One recent research direction has been to brute-force improve the theoretical basis of the MCT, and recent promising results [3] seem to indicate that this may pay off to eliminate some of its unpleasant features. Regarding the dynamics (diffusive versus arrested) of an individual tracer [4,5], similar efforts are being made at looking beyond the existing MCT. The most recent experiments, instead of focusing on the relaxation of collective density modes, are based on the observation of individual tracers. Tracking experiments have been conducted by many different groups, both in actual colloidal systems [6–11] as well as in silico [12,13]. The increasing accuracy of these methods allows one to measure the probability distribution function of the tracer displacement with unprecedented statistics [14].

To analyze and interpret tracking experiments, minimal phenomenological models have been developed. By using a continuous-time random walk (CTRW) description, glassy systems have been studied numerically [15,16], and exact analytic results have been obtained for the Van Hove correlation function [13]. The CTRW considers instantaneous transitions between locally stable positions, thus decoupling the diffusion in a confined environment from the cage jumps [17]. Some model variations include the existence of a multiplicity of timescales in the cage dynamics [18–21], whereas others, which include a single waiting timescale, successfully reproduce many features of the dynamics of tracers in glassy systems [13,22]. Despite the success of these minimal models, the existence of a scale invariant regime for the displacement distribution, as observed experimentally [6,8,10], is still an open issue. The main purpose of this work is to show that this scale invariance feature can emerge from a phenomenological description.

Note that systems other than glasses fall within the scope of our study, such as sheared fluids [23–26] or interacting self-propelled particles [27–31]. For these systems glassy behavior is generally investigated through the self-intermediate scattering function (sISF). In the case of self-propelled particles it has been observed that the onset of glassy behavior is progressively shifted when self-propulsion increases. Even though a direct extension of MCT is enough to account for this phenomenon [32–34], an effective one-body dynamics that clearly determines how self propulsion affects the glassy behavior is still missing. We present here a minimal model that describes such one-body dynamics. By investigating the displacement distribution, we show that it displays scale invariance for small displacement, and we determine how the onset of glassy behavior is linked to self propulsion. Finally, we introduce an effective mean-field potential to bridge over back to a system of interacting particles.

II. MODEL

Our model is based on a common picture that has emerged for glassy and granular systems connecting the slowing down of the dynamics to the cage effect [13,18,20,36,37]. The escape of the particle from the local confinement stems from structural rearrangements of the system. The activation of such sudden and irreversible reorganization can be of three types: spontaneous thermal fluctuations, external shear, or internal self-propulsion. In what follows, we refer to such a process as a directed event, by contrast to the passive diffusion of the particle within the cage, whose precise structure is given by collective many-body effects of the global system.

We consider a particle confined within a harmonic cage of typical size \( \sigma \). We introduce the timescale \( \tau_R \) quantifying the time needed by the particle to explore the cage. The fluctuations of the particle in the cage are driven by a noise of amplitude \( D = \sigma^2/\tau_R \). To account for structural
We decouple caging and hopping dynamics, so that the initial time of measurement are uncorrelated processes. For symmetry reasons, only the distributed, with a mean value $\varepsilon$, exponentially distributed with a characteristic hopping length $\tau$. The time between two consecutive hops is also exponentially distributed, with a mean value $\tau_0$. After a cage rearrangement, the particle relaxes toward the new cage position. We regard such relaxation as an equilibrium process. The fluctuation-dissipation theorem enforces that the relaxation time should equal the typical time of exploration $\tau_R$. We end up describing the one-dimensional dynamics of the particle position $x$ as

$$\frac{dx}{dt} = -\frac{x(t) - x_0(t)}{\tau_R} + \xi_G(t), \quad \frac{dx_0}{dt} = \xi_{NG}(t),$$

where $\xi_G$ is a zero-mean Gaussian white noise with correlations $\langle \xi_G(t)\xi_G(t') \rangle = 2D\delta(t - t')$. More realistic higher-dimensional generalizations do not induce any physical difference with the one-dimensional modeling we adopt here.

Our motivations for the explicit form of the noise $\xi_{NG}$ acting on the cage are twofold. One the one hand, we expect the rare intermittent events behind the $\sigma$ relaxation to be unable to build up uncorrelated Gaussian statistics. On the other hand, we choose a specific form that has the advantage of allowing for the small-displacement distribution is indeed insensitive to the specific of the hop distribution, but the exponential crossover to the large-displacement distribution is Gaussian with cumulants.

We decouple caging and hopping dynamics, so that $\xi_G$ and $\xi_{NG}$ are uncorrelated processes. For symmetry reasons, only the 2$n$-time correlation functions of $\xi_{NG}$ are nonzero. Additional arguments on the robustness of our results with a generic-time symmetric non-Gaussian white noise is given in Appendix A. We will explicitly demonstrate that the scale invariance of the small-displacement distribution is indeed insensitive to the specifics of the hop distribution, but the exponential crossover regime to a Gaussian rests on a typical exponential distribution of cage hops.

We distinguish the passive and active fluctuations of the particle. The former are associated with the confined motion of the particle in a steady cage, as measured by $D$. The latter are induced by the cage hops, thus describing the motion in a nonconfined environment characterized by the diffusion coefficient $D_A = \sigma^2/\tau_0$. The coexistence of both Gaussian and non-Gaussian noises is crucially important to enhance non-Gaussian nature [38].

III. STATISTICS OF DISPLACEMENT

A. Fourier distribution of displacement

We are interested in the fluctuations of the displacement $\Delta x(t,t_1) = x(t + t_1) - x(t_1)$, which no longer depends on the initial time of measurement $t_1$ in the limit $t_1 \to \infty$. We define the probability distribution in the Fourier domain as

$$\hat{P}(q,t) = \lim_{t_1 \to \infty} \langle e^{iq\Delta x(t,t_1)} \rangle,$$

Since the passive and active processes are uncorrelated, we separate the distribution displacement as $P = P_P P_A$, where the subscripts $P$ and $A$ refer, respectively, to passive and active contributions. The passive distribution is Gaussian, thus being entirely determined by the passive mean-square-square displacement,

$$\hat{P}_P(q,t) = e^{-(q\varepsilon)^2 f_t},$$

where $f_t = 1 - e^{-t/\tau_R}$. We express the active distribution as

$$\hat{P}_A(q,t) = \lim_{t_1 \to \infty} \exp \left[ \int_0^\infty ds h(s) \xi_{NG}(s) \right],$$

with $h(s) = [1 - e^{-(s+t-t_1)/\tau_R}] \Theta(t_1 + t - s) \Theta(s - t_1) + e^{-(s-t_1)/\tau_R} [1 - e^{-t/\tau_R}] \Theta(t_1 - s)$, where $\Theta$ being the Heaviside step function. We evaluate the average in Eq. (5) with the expression of the characteristic functional of the white non-Gaussian noise $\xi_{NG}$ [39–41],

$$\hat{P}_A(q,t) = \lim_{t_1 \to \infty} \exp \left[ \sum_{n=1}^\infty \left( \frac{iq\varepsilon}{\tau_0} \right)^n e^{\int_0^\infty ds h(s) \xi_{NG}(s)} \right],$$

where we have used the explicit form of the noise cumulants in Eq. (2). We compute the integral in Eq. (8) by using the explicit expression of $h$ in Eq. (6), and we take the limit of large $t_1$ after the integration. From this, we arrive at the result:

$$\hat{P}(q,t) = \exp \left\{ -\frac{\tau_R q^2}{\tau_0} \left[ \frac{q^2 \varepsilon^2}{\tau_R} - \arctan(q\varepsilon f_t) \right] \right\} \times \left[ 1 + (q\varepsilon f_t)^2 \right]^{\frac{\tau_R}{\tau_0} \left[ \frac{q^2 \varepsilon^2}{\tau_R} + 1 \right] - e^{-(q\varepsilon)^2 f_t}}.$$

This result contains all the statistical information related to the displacement $\Delta x(t)$. In particular, all the moments are defined as

$$\langle \Delta x^n(t) \rangle = \lim_{t_1 \to \infty} \langle \Delta x^n(t,t_1) \rangle = \frac{\partial^n}{\partial (iq)^n} \hat{P}(0)$$

B. Mean-square displacement and non-Gaussianity

As a first insight into the dynamics of our model, we study the time evolution of the second moment $\langle \Delta x^2(t) \rangle$, i.e., the mean-square displacement (MSD). Its expression can be computed from Eq. (10):

$$\text{MSD} = 2(D - D_A)\tau_R f_t + 2D_A t.$$
from the plateau, equal to \( t^* \), can be shifted to an arbitrary large value. Conversely, the time when superdiffusion arises, also equal to \( t^* \), can be arbitrarily short [30]. Our model contains the existence of ballistic directed events, as assessed by the superdiffusion, even if there is no persistence time in its formulation. The asymptotic behaviors of the MSD are summarized in Table I.

Beyond MSD, the fourth moment is generally investigated as asymtotic behaviors are also summarized in Table I.

\[
\text{NGP} = \frac{\langle \Delta x^4 \rangle}{3\langle \Delta x^2 \rangle^2} - 1. \tag{12}
\]

In our model, deviations from Gaussian behavior are governed by atypical events in which rare but important excursions occur. In that respect, the NGP characterizes the amount of directed events in the particle trajectory, probing the structural rearrangements of the system. Again using Eq. (10), its calculation is straightforward:

\[
\text{NGP} = \frac{\tau_0}{3\tau_R} \frac{2e^{-\frac{2q}{\tau_0} - 9e^{-\frac{2q}{\tau_R}} + 18e^{-\frac{2q}{\tau_R}} - 11 + \frac{6e}{\tau_R}}}{[\langle D/D\lambda - 1 \rangle f_t + t/\tau_R]^2}. \tag{13}
\]

Its evolution is determined by \( \{ D/\lambda/D, \tau_R, \tau_0 \} \), where \( \tau_0 \) only affects the amplitude. The NGP vanishes at short and long time, corresponding to the passive and active Gaussian regimes, respectively. It takes positive values in the transient regime, for which the distribution is broader than Gaussian [Fig. 1(b)]. When \( D/\lambda \ll D \), the peak time equals \( t^* \), namely the time when the MSD deviates from the transient plateau, as observed in colloidal systems [6,8,10,42,43], and the peak value reads \( (\varepsilon/\sigma)^2/2 \). When \( D/\lambda \gg D \), there is a plateau regime around the peak value, equal to \( 2\tau_0/\tau_R \). In both cases, the NGP starts to decrease when the long-time diffusive regime sets in. These asymptotic behaviors are also summarized in Table I.

\[
\begin{array}{|c|c|c|c|}
\hline
D/\lambda \ll D & t \ll \tau_R & \tau_R \ll t \ll \tau_R \sqrt{D/D\lambda} & \tau_R D/\lambda \ll t \\
\hline
\text{MSD} & 2D\tau_0 & 2D\tau_R & 2D\lambda t \\
\text{NGP} & \frac{2m(D/\lambda)}{\tau_R} & 2m(\frac{D/\lambda}{\tau_R})^2 & \frac{2m}{\tau_R} \\
\hline
D/\lambda \gg D & t \ll \tau_R D/D\lambda & \tau_R D/\lambda \ll t \ll \tau_R & \tau_R \ll t \\
\hline
\text{MSD} & 2D\tau_R & \frac{2mD\tau}{\tau_R} & 2D\lambda t \\
\text{NGP} & \frac{m(D/\lambda)}{\tau_R} & \frac{2m}{\tau_R} & \frac{2m}{\tau_R} \\
\hline
\end{array}
\]

\[
\begin{array}{|c|c|c|}
\hline
\text{NGP} & \tau_R & \tau_0 \\
\hline
2e^{-\frac{2q}{\tau_0} - 9e^{-\frac{2q}{\tau_R}} + 18e^{-\frac{2q}{\tau_R}} - 11 + \frac{6e}{\tau_R} / [\langle D/D\lambda - 1 \rangle f_t + t/\tau_R]^2} \\
\hline
\end{array}
\]

\[
\begin{array}{|c|c|c|}
\hline
\text{NGP} & \tau_R & \tau_0 \\
\hline
\frac{2m}{\tau_R} / \frac{D/\lambda}{\tau_R} & 2m / \tau_R & \frac{2m}{\tau_R} \\
\hline
\end{array}
\]

C. Distribution of displacement

To characterize further the non-Gaussian behavior of the displacement fluctuations, we have to deal with the complete form of the spatial Fourier transform Eq. (9). Even though a complete Fourier inversion is not possible analytically, we can deduce several useful informations by looking at limiting cases, where approximations make calculations easier.

First, we observe that the active part of distribution in Eq. (9) can be simplified in the small and large \( q \) limits:

\[
\tilde{P}_A(q,t) \sim \exp \left[-(q\varepsilon)^2 \frac{\tau_R}{\tau_0} \left( \frac{t}{\tau_R} - f_t \right) \right], \tag{14}
\]

\[
\tilde{P}_A(q,t) \sim \exp \left[-(q\varepsilon)^2 \frac{\tau_R}{\tau_0} \left( \frac{t}{\tau_R} - f_t \right) \right]. \tag{15}
\]

Taking \( q = 1/\sigma \), it follows that the total distribution \( \tilde{P} \) is Gaussian at all times when \( \varepsilon \ll \sigma \), whereas the non-Gaussian features affect the large-time relaxation when \( \varepsilon \gtrsim \sigma \), as reported in Table II.

\[
\begin{array}{|c|c|c|}
\hline
1/\sigma, t & \varepsilon \ll \sigma & \varepsilon \gtrsim \sigma \\
\hline
\tilde{P}(1/\sigma,t) & e^{-\langle q\varepsilon \rangle^2 f_t} & e^{-\langle q\varepsilon \rangle^2 f_t} \\
\hline
t \ll t^* & e^{-\langle q\varepsilon \rangle^2 f_t} & e^{-\langle q\varepsilon \rangle^2 f_t} \\
\hline
t \gg t^* & e^{-\langle q\varepsilon \rangle^2 f_t} & e^{-\langle q\varepsilon \rangle^2 f_t} \\
\hline
\end{array}
\]
The displacement distribution is also always Gaussian at asymptotically short and long times, corresponding, respectively, to the passive and active diffusions. In the intermediate transient regime, it is Gaussian for small and large displacements, with a non-Gaussian crossover in between.

The active distribution \( P \) has a Gaussian behavior for large displacements and large times, as a signature of the central limit theorem. It behaves like a power law for small displacements with an exponential cutoff of the form \( e^{-|\Delta x|/\epsilon f_t} \). Mathematically, the exponential tails are due from the pole in the last term of Eq. (9). Therefore, the total distribution \( \tilde{P} \) is Gaussian at short and large displacement with exponential tails in between. The power-law behavior is only observed in the deviation from the central Gaussian part, as discussed below. To determine the deviation from the large Gaussian part, we expand \( \ln \tilde{P} \) for small \( q \) as

\[
\ln \tilde{P}(q,t) = -\frac{\langle \Delta x^2(t) \rangle}{2} q^2 + \frac{\langle \Delta x^4(t) \rangle - 3 \langle \Delta x^2(t) \rangle^2}{4} q^4 + O(q^6). 
\]

(16)

It follows that the transition between the large Gaussian part and non-Gaussian features appears at \( \Delta x \sim \left( \frac{\langle \Delta x^2(t) \rangle}{\langle \Delta x^4(t) \rangle - 3 \langle \Delta x^2(t) \rangle^2} \right)^{1/2} \).

The accessible range of displacements for experimental and simulated systems does not always allow one to observe the large Gaussian part of the distribution (they can clearly be seen, though, in Ref. [10]). The existence of directed events is quantified through the deviation from the central Gaussian, that is via the crossover between the two Gaussian parts. Within our model, it is given by exponential tails, as commonly reported in glassy systems [13], of the form \( e^{-\frac{|\Delta x|}{\epsilon f_t}} \). To quantitatively test the predictions of our model with experiments and computer simulations, we have compared our results with existing data for a dense suspension of colloidal particles [10] and a binary Lennard-Jones mixture [13,35]. Our model perfectly fits these results, as shown in Figs. 1(c) and 1(d). For the colloidal system, we reproduce the time evolution of the distribution with parameters \( \{\tau_0, \tau_R, \epsilon/\sigma\} = \{2.5, 6\} \) [Fig. 1(c)]. In the Lennard-Jones mixture, the measurements are taken for four temperatures at the \( \alpha \) relaxation time, corresponding to \( t^* \) within our model (see below). The central Gaussian part barely varies, whereas the tails decrease with temperature. We identify the temperature with the diffusion coefficient \( D \) of the confined motion, and we adjust the corresponding exponential tails with \( \epsilon = \{0, 0.2, 0.25, 0.29, 0.33\} \) from left to right in Fig. 1(d). Available data supporting our choice of an exponential cage-hop distribution, however, extend over a single decade, and it is likely that other choices of distribution could fit the data. More detail on the analysis on the experimental and numerical data is provided in Appendix B.

To further characterize the departure from the central Gaussian, we investigate the transition between the central Gaussian part and the tails by looking at the intermediate-displacement part of the distribution \( P_{int} \), which does not include the exponential tails. We focus on the case \( \tau_0 > \tau_R \), namely when the time needed for the particle to relax within the cage is shorter than two successive cage hops. We start considering the Fourier distribution of displacement at large wave number. From Eqs. (4) and (15), we deduce the expression of this distribution in the limit \( q \epsilon \gg 1 \):

\[
\tilde{P}(q,t) \sim e^{-\frac{q \epsilon^2}{4 f_t}} t^{-3/2} (q \epsilon f_t)^{-\tau_0/\tau_0}. 
\]

(17)

We perform the inverse Fourier transform of Eq. (17) to obtain

\[
P_{int}(x,t) \sim \frac{1}{\Gamma} \int_0^\infty \frac{t}{\tau_0} \left[ 1 - \frac{\tau_R}{\tau_0} \right] \left( \frac{x/\sigma}{4 f_t} \right)^{\frac{\tau_R}{\tau_0}} g_{t_0/\tau_R}, 
\]

(18)

where \( g_u \) is the confluent hypergeometric function of the first kind. It depends on the hopping statistics only via the typical waiting time \( \tau \) between two successive cage hops, thus being independent of the hopping length \( \epsilon \). Besides, this result remains unchanged for any hopping distribution. This suggests that the intermediate-displacement distribution is an appropriate probe to reveal universal behavior in glassy systems.

The asymptotic behaviors of \( P_{int} \) are given by

\[
P_{int}(x,t) \sim e^{-\left(1 - \frac{\tau_R}{\tau_0}\right)\left(\frac{x/\sigma}{4 f_t}\right)^{\frac{\tau_R}{\tau_0}}} \left(\frac{\tau_R}{\tau_0}\right), 
\]

(19)

\[
P_{int}(x,t) \sim \left[ 1 - \frac{\tau_R}{\tau_0} \right] \left( \frac{x/\sigma}{4 f_t} \right)^{\frac{\tau_R}{\tau_0}} g_{\tau_R/\tau_0}. 
\]

(20)

Therefore, the central part is Gaussian with standard deviation \( \sigma \sqrt{2 f_t / (1 - \tau_R/\tau_0)} \), and the departure from this Gaussian is given by power-law tails with exponent \( \tau_R/\tau_0 - 1 \) [Fig. 2]. Note that \( P_{int} \) only characterizes the deviation from the central Gaussian part, so that it does contain the exponential tails appearing for larger displacement. The typical length scale \( x \) of the crossover between the Gaussian central part of this distribution and the power-law tails can be obtained by considering the small-displacement distribution for displacements scaled by \( x^* (t) = \sigma \sqrt{2 f_t / (1 - \tau_R/\tau_0)} \). From Eqs. (19) and (20), we
determine its expression as

$$X(u) = \sqrt{1 - \frac{u}{u} W \left[ -2 (g_0)^{\frac{1}{2}} \right]}.$$  \hspace{1cm} (22)

where $W$ is the principal branch of the Lambert $W$ function defined by

$$z = W(z)e^{W(z)}.$$ \hspace{1cm} (23)

We plot $X$ as a function of $t_0/\tau_R$ in the inset of Fig. 2.

**IV. SCATTERING FUNCTION**

The comparison with glassy dynamics can be extended further by investigating the time evolution of the Fourier-displacement distribution $\tilde{P}(q,t)$ at some fixed wave number, yet to be determined. To this end, we can regard $\tilde{P}(q,t)$ as an approximation for the sISF in a $N$-body system,

$$F_\text{s}(q,t) = \frac{1}{N} \sum_{i=1}^{N} \left[ e^{i[q\xi(t) - q(0)]} \right].$$ \hspace{1cm} (24)

In that case, the relevant choice for $q$ would be the value at the first peak of the structure factor, which corresponds to the inverse of the typical interparticle distance. Provided that caging stems from the steric hindrance, the typical distance between particles should be encoded in the cage size. This leads us to choose $1/\sigma$ as the appropriate wave number.

There is a transition from a single to a two-step relaxation of the sISF as $D_A/D$ decreases [Fig. 3]. This is typical of the behavior observed in glasses, the two-step dynamics being reminiscent of the $\beta$ and $\alpha$ relaxations. The sISF for a steady cage relaxes within a time $\tau_R$ to a nonzero value, equal to the transient plateau value of the sISF for a hopping cage. Such behavior is similar to the kinetic arrest reported in glasses, when the particle evolves in a metastable state for an infinite long time. The plateau value reads $e^{-t_0/\tau_R}$ for an arbitrary wave number. Cage rearrangements occur in the active case; then the particle overcomes the local confinement. The terminal relaxation for single and two-step dynamics starts at time $t^*$, namely when the passive regime ends. For a two-step dynamics, the terminal relaxation occurs when the NGP reaches its peak value $[10, 43-47]$, and it can be shifted to an arbitrary long time $[27]$.

The sISF is Gaussian at all times when $\varepsilon \ll \sigma$, the structural relaxation thus being entirely determined by the MSD. In such a case, the long-time behavior is independent of $D_A$ when scaling the time by $t^*$. For a two-step relaxation, the corresponding master curve $e^{-t/\tau^*_1}$ is exponential [Inset of Fig. 3(a)]. A stretched exponential is usually reported, with an exponent close to one $[24, 25]$. Our result suggests that one would clearly observe exponential behavior when the terminal relaxation time $t^*$ is large compared with the time $\tau_R$ of the first relaxation. The non-Gaussian fluctuations play a role in the dynamics if $\varepsilon \gtrsim \sigma$, the higher-order statistics of the displacement thereby affecting the relaxation of the system [Fig. 3(b)].

A left wall appears in the flow curves if $\tau_A \ll \tau_R$, namely all the flow curves such that $\varepsilon \gtrsim \sigma$ fall onto a master curve [Fig. 3(c)]. The expression of the left wall reads $e^{-t/\tau} - \tilde{f}_t$, the associated terminal relaxation time being $\tau_0$. The existence of a left wall is reminiscent of the dynamics for *in silico* shear glasses $[26]$. The sheared region close to the left wall reflects the slowing down of the relaxation as the cage hops become less frequent, that is when $\tau_0$ increases. On the opposite, the particle does not relax toward the center of the cage between two successive hops when $\tau_0 \gtrsim \tau_R$, in which case there is no left wall because the transient caging does not lead to any dynamical slowing down.

**V. RELATION WITH MANY-BODY SYSTEMS**

We now try to understand how our one-body approach can be connected with multicomponent systems. Using the expression of the Fourier-displacement distribution in Eq. (9), we can deduce its time evolution:

$$\partial_t \tilde{P}(q,t) = -q^2 \left[ D e^{-t/\tau_R} + \frac{D_A f_t}{1 + (q \varepsilon f_t)^2} \right] \tilde{P}(q,t).$$ \hspace{1cm} (25)

It follows that the displacement distribution obeys the following master equation:

$$\partial_t P(x,t) = \frac{\rho \xi}{\varepsilon} \partial_x^2 \int dy V_{\text{eff}}(x - y, t) P(y,t) + D_{\text{eff}}(t) \partial_x^2 P(x,t),$$ \hspace{1cm} (26)

where for later convenience we have introduced a reference density $\rho_{\text{ref}}$ and a friction coefficient $\xi$. The time-dependent

FIG. 3. Flow curves of the Fourier-displacement distribution at $q = 1/\sigma$. (a) The transition from a single to a two-step relaxation as $D_A/D$ decreases is the hallmark of glassy systems. There is no terminal relaxation for a steady cage (solid black line). The curves are Gaussian at all times when $\varepsilon \ll \sigma$ (dotted lines). (Inset) For the two-step dynamics, we scale the time by the terminal relaxation time to reveal an exponential master curve (dot-dashed line). (b) The non-Gaussian statistics affects the relaxation when $\varepsilon \gtrsim \sigma$ (dashed lines). (c) The curves such as $\varepsilon \gtrsim \sigma$ fall into the left wall $e^{-t/\tau_0 + f_t}$ (dashed line), reflecting the dynamical slowing down as the cage hops become less frequent.
of the potential is determined by the statistics of the cage hops, which are exponentially distributed in the present case. This suggests that the non-Gaussian properties of the particle dynamics hold information about the details of interaction between the particles.

VI. DISCUSSION

We have presented a minimal model of a particle immersed in a glassy system, based on an active cage with non-Gaussian dynamics. By focusing on a single particle we are able to decouple complex phenomena that arise from collective effects from the sole dynamics of the particle. Of course, this approach is not intended in understanding how collective phenomena emerge but rather to provide a vivid picture explaining experiments on glassy systems. Despite the simplicity of this model, we have demonstrated that its dynamics encompasses the complex behaviors arising in glassy systems and that the onset of glassy behavior is shifted by the active component of the dynamics, in line with numerical evidence [27,28,30,31]. Moreover, we have highlighted the scale invariance of the small-displacement distribution. The dynamics of tracers in living systems shares common features with the glassy dynamics [49,50]. The tracers can be either attached or embedded in a network of filaments, whose rearrangement is induced by nonequilibrium processes, thus monitoring transitions between locally stable configurations [51,52]. The minimal approach of intermittent dynamics that we offer in the present paper should also be relevant for a large variety of biological systems [53–60], as a useful tool to understand the existence of a scale-invariant regime in the tracer displacement [49,61,62].

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APPENDIX A: GENERALIZATION TO AN ARBITRARY HOPPING DISTRIBUTION

We introduce the distribution \( \mathcal{W} \), which prescribes the distance of the instantaneous hops experienced by the cage. We assume that the waiting time between two consecutive jumps remains exponentially distributed with mean value \( \tau_0 \). Hence, the cumulants of \( \xi_{\text{NG}} \) read

\[
(\xi_{\text{NG}}(t_1) \ldots \xi_{\text{NG}}(t_n))_C = K_n \delta_n(t_1, \ldots, t_n),
\]

(A1)

where

\[
K_n = \frac{1}{\tau_0} \int dx_0 \mathcal{W}(x_0) x_0^n.
\]

(A2)

Note that we recover Eq. (2) for an exponential distribution \( \mathcal{W}(x_0) = e^{-|x_0|/\xi} / |\xi| \), as expected. We express the active
distribution in terms of the cumulant coefficients $K_n$ as
\[
\tilde{P}_A(q,t) = \exp \left[ \sum_{n=1}^{\infty} \frac{(iq)^n K_n}{n!} \left( \frac{f_n}{n} + \int_0^t ds f_{n-1}^s \right) \right]. \tag{A3}
\]
We deduce the time-derivative of the total distribution,
\[
\partial_t \tilde{P}(q,t) = -q^2 D_{\text{eff}}(t) \tilde{P}(q,t) + \sum_{n=1}^{\infty} \frac{(iq)^n K_n}{n!} \frac{d}{dt} \left( \frac{f_n}{n} + \int_0^t ds f_{n-1}^s \right) \tilde{P}(q,t), \tag{A4}
\]
where
\[
\frac{d}{dt} \left( \frac{f_n}{n} + \int_0^t ds f_{n-1}^s \right) = e^{-t/\tau} f_{n-1}^t + f_n^t = f_{n-1}^t. \tag{A5}
\]
By using Eqs. (A2) and (A5), we write the second term in the righthand side of Eq. (A4) in terms of the hopping distribution $\mathcal{W}$ as
\[
[\partial_t + q^2 D_{\text{eff}}] \tilde{P} = \frac{1}{\tau_0 f_i} \int dx_0 \mathcal{W}(x_0) \sum_{n=1}^{\infty} \frac{(iq x_0)^n}{n!} f_i^n \tilde{P} \tag{A6}
\]
\[
= \frac{1}{\tau_0 f_i} \int dx_0 \mathcal{W}(x_0) \left[ e^{iq x_0 f_i} - 1 \right] \tilde{P}, \tag{A7}
\]
\[
= \frac{1}{\tau_0 f_i} \left[ \mathcal{W}(q f_i) - 1 \right] \tilde{P}, \tag{A8}
\]
where we have used $\int dx_0 \mathcal{W}(x_0) = 1$. Our aim lies in deriving the distribution for small displacements. To this end, we consider Eq. (A8) in the large-$q$ limit. Provided that the hopping distribution $\mathcal{W}$ is not a $\delta$ function, its Fourier transform should decay to zero for wave numbers sufficiently large compared with the inverse typical hopping length $1/\varepsilon$.

In this limit, we express Eq. (A8) as
\[
\partial_t \tilde{P}(q,t) \sim \left[ q^2 D_{\text{eff}}(t) + \frac{1}{\tau_0 f_i} \right] \tilde{P}(q,t). \tag{A9}
\]

The solution of the above equation is consistent with Eq. (17). However, the power-law prefactor in $q$ in Eq. (17) can only be obtained after a careful analysis of the asymptotics of $\mathcal{W}(q f_i)$ (and it shows up only if $\mathcal{W}$ decays exponentially or slower at large distances).

**APPENDIX B: DATA ANALYSIS**

We present in this appendix the analysis of the distribution of displacement obtained from two different systems: (i) a binary Lennard-Jones glass-forming mixture [13,35] and (ii) a dense suspension of colloid particles [10]. In the two systems, we can reproduce both the central Gaussian part and the exponential tails as reported in Figs. 1(c) and 1(d).

For the Lennard-Jones mixture, we scale the displacement distribution by the standard deviation of the Gaussian central part. The measurements are taken for four temperatures at the $\alpha$ relaxation time, corresponding to $\tau^* = \tau_R D / \Delta$ within our model. We identify the temperature with the diffusion coefficient $D$ of the confined motion, leaving us with three free parameters $\{\tau_R, \tau_0, \varepsilon\}$. The timescales $\{\tau_R, \tau_0\} = [0.05, 1.05]$ are taken as the same for all temperatures, and we adjust the corresponding exponential tails with $\varepsilon$.

For the colloidal system, the measurements are taken at five different times. We fix the ratio $\tau_R/\tau_0$ from the deviation of the central Gaussian part, and we determine $\{\sigma, \tau_R, \tau_0\} = [0.05 \mu m, 10^3 s, 25 \times 10^3 s]$ by fitting the central Gaussian parts of the distribution. Eventually, we adjust the exponential tails with $\varepsilon = 0.3 \mu m$. The time evolution of the distribution is reproduced with the same set of parameters.